



bodytonix can be found within the old wine cellars of the hotel. Our unique salon offers non-invasive treatments, some of which are organic using exclusive products such as *'Heaven by Deborah Mitchell'* - a lovely heavenly experience not to be missed.

Whilst at *bodytonix* you can enjoy a stroll in the gardens, a refreshing drink at the bar, a tasty meal in the One 19 restaurant & access to the garden spa facilities. See www.mountroyale.co.uk for more details.

For complete relaxation and indulgence, why not stay in one of the luxurious bedroom suites – some of which are located within the gardens! Book on line at www.booking.com

We are confident we have a treatment to suit everyone from our heavenly pamper collection & look forward to seeing you soon.

N.B. The use of hotel facilities & on site parking are entirely at your own risk.

bodytonix Spa
The Mount Royale Hotel
117-119 The Mount
York
YO24 1GU



Lines open daily
9am – 8pm

A £20 per person, deposit is required when booking your pamper day.

Terms & Conditions apply

All major debit/credit cards accepted

Tel 01904 675852

www.body-tonix.co.uk

Email: Info@body-tonix.co.uk

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Spa Packages



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Visit us at
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Packages

Half Day.....£79

Incl: 1 x spa collection treatment

Full Day (Sunday - Friday).. £99

Incl: 2 x spa collection treatment

All Day Chill Out (Saturday) £125

Incl: 2 x spa collection treatment

All packages include the following as standard:

- A one course lunch & glass of wine
- Robe & towels
- Access to hotel garden spa

Bed & Breakfast available please ask Hotel for details on 01904 628856 or book on line at www.booking.com

Hotel Garden Spa:

- Heated swimming pool (open May—Sep)
- Jacuzzi hot tub
- Sauna
- Steam room

NB: please bring suitable swimwear & footwear e.g. flip-flops.

For current offers or to buy/book on line please see our web site.

www.body-tonix.co.uk

Gift vouchers also available on line

Spa Collection

Each treatment duration is approx. 55mins.

Cloud 9: (Split treatment)

Relaxing back head & shoulder massage using uplifting oils. With a soothing foot soak & massage working the body reflex points to help boost the immune system & promote wellbeing.

Volcanic Indulgence:

Exfoliating body brush to stimulate the circulatory system followed by hot stone massage, using smooth volcanic stones for deep relaxation & body firming moisturise to feed the skin & leave it feeling soft & smooth.

Heavenly Scrub:

Tingling back scrub, followed by a deep cleansing mask & massage using organic oils to reduce the build up of stress, cleansing the body, mind & spirit.

Top2Toe Delight:

Manicure & Pedicure to help relax the mind and body using vanilla & tea tree organic cream. A delightful experience. (Incl: standard polish).

Available at an additional charge:

French polish or Gelac (hands or feet)....£5.00
Foil Tips (hands or feet).....£10.00
(subject to availability)

Dreamy Facial:

A deeply relaxing organic facial, with a tingling, non-abrasive Aloe Vera exfoliation, dreamy massage, hydrating or deep cleansing mask, anti ageing moisturiser & eye drink. A truly natural experience. Includes brow tidy.

Luminary Facial:

A relaxing facial using uplifting aroma oils, ear candles & firming mask to release stress & tension from the face & sinuses, whilst cleansing deep into the pores, leaving the skin feeling smooth & renewed.

Totally Heaven:

A deeply relaxing body massage & moisturise. Gentle manipulation of stressed muscle fibres allows toxins to expel from the body whilst hydrating & toning the skin. A total sense of wellbeing.

Halo Wrap:

A treatment for the hips, thighs, buttocks & stomach area. To target cellulite & loose skin. By wrapping the body in a creamy mask, we attack areas of concern, leaving the skin fresh & toned. Body scrub included.

Please choose your preferred treatment/s (plus a reserve option) in accordance with your chosen package.